# ANN OAL BARBELLS FOR BOBS

2017

# INSPIRED BY FRIENDSHIP



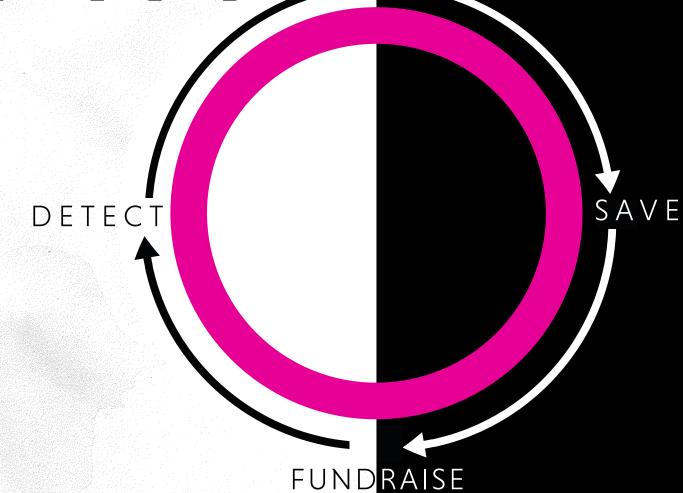
**B**ARBELLS FOR BOOBS OWES ITS ORIGINS TO THE FRIENDSHIP BETWEEN FOUNDER ZIONNA HANSON AND CECY MORALES.

AT 26 YEARS OLD, CECY DISCOVERED A LUMP ON HER BREAST. SHE WAS DENIED BREAST SCREENING SERVICES BY MEDICAL PROFESSIONALS AND RECOMMENDED FOR A "MAMMOGRAPHY AT AGE 40". NOT SATISFIED, CECY ADVOCATED FOR HER OWN HEALTH. DUE TO HER PERSISTENCE, SHE DISCOVERED THAT SHE WAS LIVING WITH BREAST CANCER.

ZIONNA REALIZED THE HEALTHCARE SYSTEM FAILED HER FRIEND. FROM THE REALITY THAT NO ONE IS IMMUNE TO BREAST CANCER AND HER PASSION FOR HEALTH AND FITNESS, BARBELLS FOR BOOBS WAS BORN.



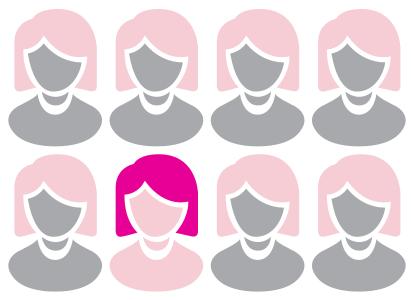
# OUR PHILOSO PHY



OUR WORK REPRESENTS A CIRCLE.
IT'S A CONSTANT EVOLUTION OF PROACTIVE
LIVING AND SURVIVORSHIP THROUGH ADVOCACY,
HEALTH AND FITNESS.



# THE FACTS



\*WOMEN IN THE U.S. HAVE A "1 IN 8" LIFETIME RISK OF GETTING BREAST CANCER AND **7% OF THEM BEING UNDER THE AGE OF 40.** 

\*1 IN 1,000 MEN WILL BE DIAGNOSED WITH BREAST CANCER IN THEIR LIFETIME.



CHRONIC DISEASES.

\*33% OF ALL BREAST CANCER CASES IN THE U.S. COULD BE PREVENTED WITH HEALTHY EVERYDAY CHANGES TO OUR DIET AND HOW MUCH WE MOVE.



### FITNESS SHOULD BE A PART OF SURVIVORSHIP

BREAST CANCER IS BLACK AND WHITE

YOU EITHER HAVE IT OR YOU DON'T.



### OPPORTUNITY FOR CHANGE

\*THERE ARE 27.6 MILLION UNINSURED INDIVIDUALS IN OUR COUNTRY.



MOST STATE FUNDED BREAST PROGRAMS DO NOT FUND YOUNG WOMEN OR MEN.

THE U.S.PREVENTIVE SERVICES TASK FORCE RECOMMENDS BIENNIAL SCREENING MAMMOGRAPHY FOR WOMEN 50-74 YEARS.



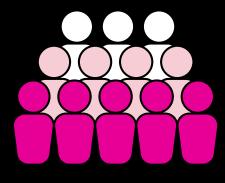


WE HAVE ACCEPTED AND BELIEVE THAT YOUNG WOMEN & MEN ARE IMMUNE TO BREAST CANCER.



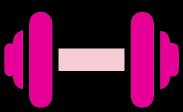
MOST PRIVATE AND STATE FUNDED
INSURANCES DO NOT COVER GYM FEES OR ANY
SORT OF FITNESS PROGRAMMING.





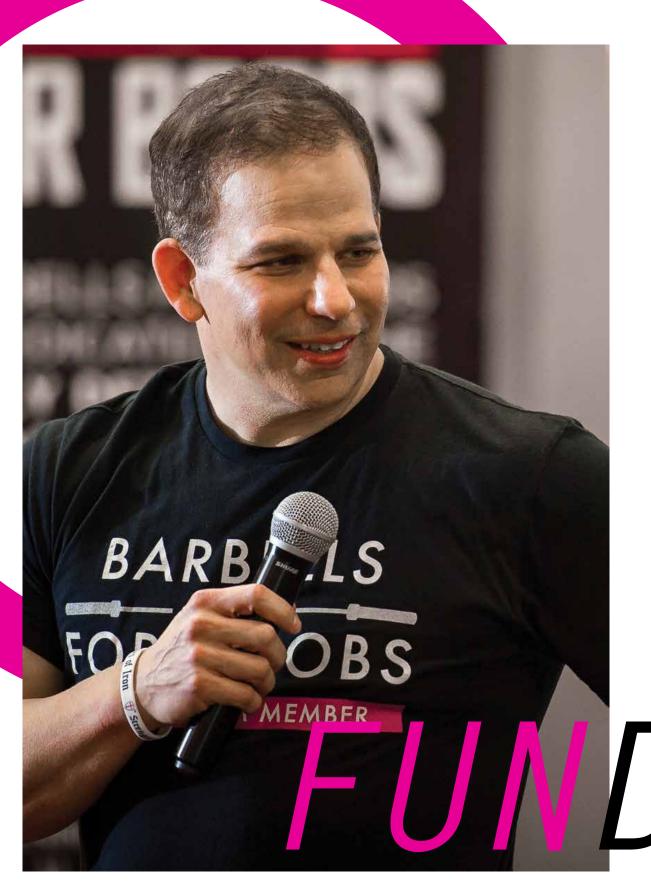
LACK OF RESOURCES TO THE GENERAL POPULATION OF BREAST CANCER SURVIVORS REGARDING FITNESS AND WELLNESS.





\* KAISER FAMILY FOUNDATION KFF.ORG





"I fundraise to be a part of the solution - because what you do speaks louder than what you say. I fundraise to make a difference. When you meet a fellow Barbells for Boobs fundraiser, there is an immediate bond, a shared passion, a kindred spirit."

-Vic Pepe

# EUND RAISE

OF OUR FUNDS ARE RAISED BY EVERYDAY PEOPLE IN FITNESS COMMUNITIES.

OUR FUNDRAISING EFFORTS STARTED WITH ONE PERSON PICKING UP A BARBELL.

STEP 2:

SPREAD THE WORD TO YOUR FRIENDS AND FAMILY.



STEP 1:

BUILD A TEAM, JOIN A TEAM, OR DO YOUR OWN THING!



STEP 3:

CELEBRATE YOUR FUNDRAISING EFFORTS WITH YOUR COMMUNITY!

STEP 4:

WE LIKE TO THANK OUR FUNDRAISERS WITH REWARDS FROM OUR PARTNERS!





### 3,826 Individuals

EARNED THESE SWEET REWARDS THROUGH THEIR PEER-TO-PEER FUNDRAISING PAGE.

\$80 2,603 FUNDRAISERS EARNED THIS REEBOK TEE. EVERY \$80 HELPS 1 PERSON.

\$200 1,592 fundraisers earned these wraps. Earning these wraps help over 2 people.

\$400 1,088 fundraisers earned this hoodie. This hoodie helps 5 people.

\$800 546 FUNDRAISERS EARNED THIS BAG. THIS BAG HELPS US SERVE 10 PEOPLE.

\$1200 356 fundraisers earned these reebok legacy lifters. \$1,200 raised helps 15 people.





# 655 Teams

COMPRISED OF INDIVIDUAL FUNDRAISERS AND DONORS EARNED THESE REWARDS WHICH REPRESENT THE DEDICATION OF THEIR COMMUNITY.

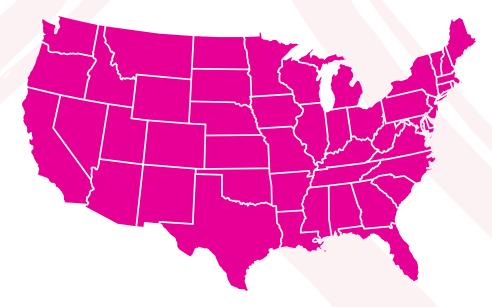
\$1,600 260 teams earned this banner. This banner helps us serve 20 people.

\$5,000 95 TEAMS EARNED THIS PEG BOARD FROM OUR PARTNERS AT THE NATURAL GRIP. EARNING THIS PEG BOARD, TEAMS HELP SERVE 62 PEOPLE.

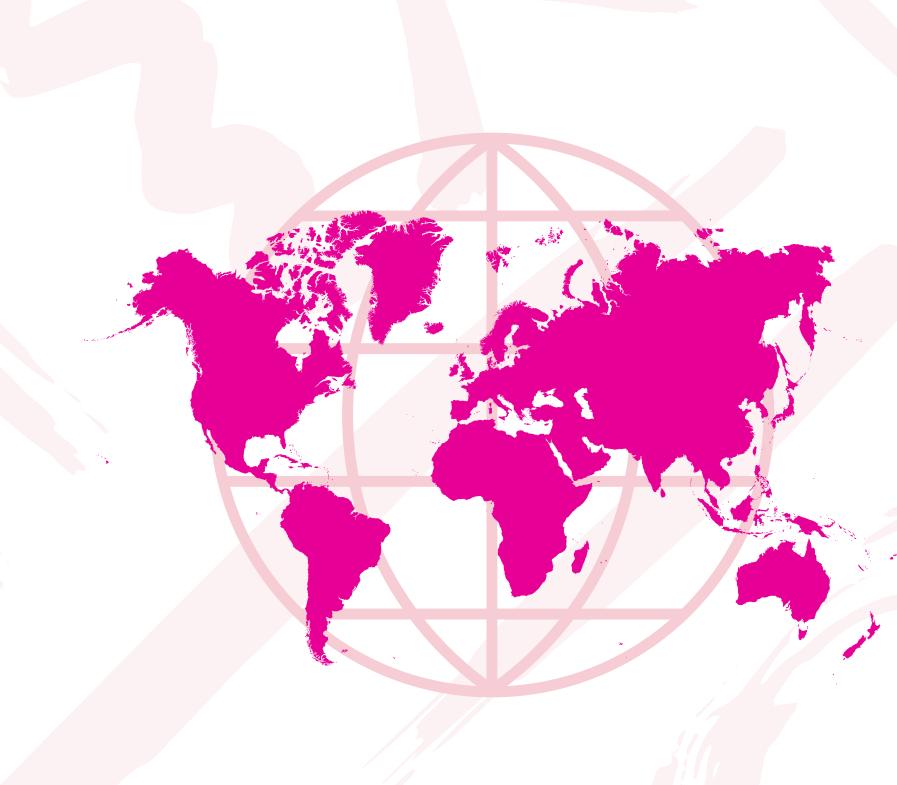
\$10,000 41 TEAMS EARNED THIS BARBELL FROM OUR PARTNERS AT ELEIKO SPORT. \$10K RAISED HELPS US SERVE 125 PEOPLE.







Our teams and individuals gathered 23,313 donations in 50 States throughout 5 countries to raise \$1.89M globally.





"I don't believe that I would have been aware of breast cancer, had it not been for the Barbells for Boobs event in 2012. I call it my day of awakening, the day that saved my life."

- Nicole Kepler

### ETECT



### **ADVOCATE**

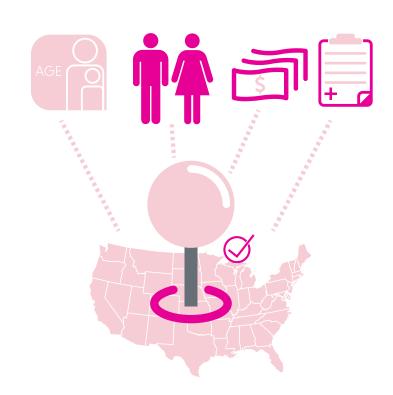
INFORM INDIVIDUALS ON BREAST HEALTHCARE RIGHTS.

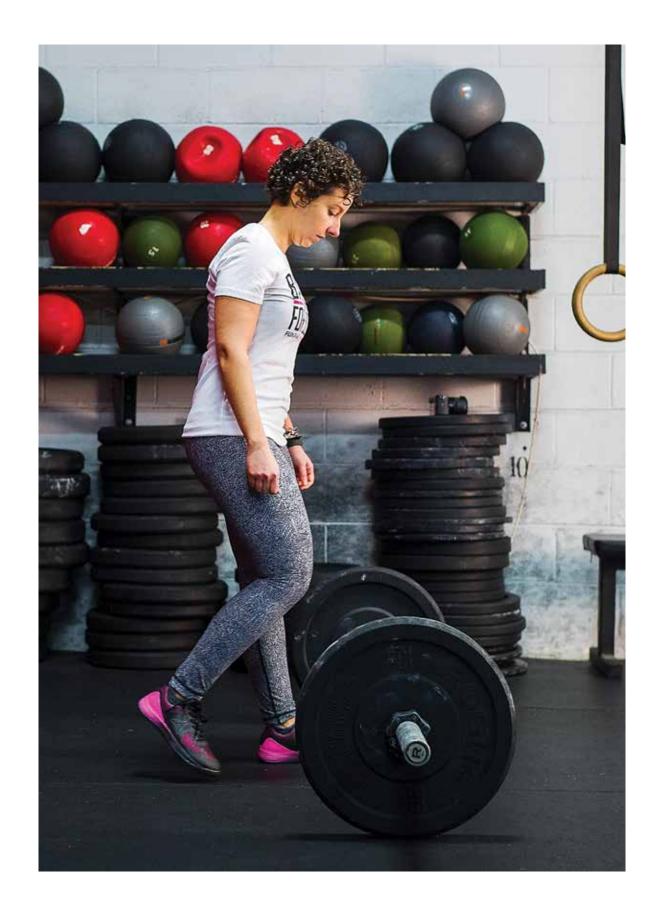
### NAVIGATE

DIRECT INDIVIDUALS TO LOCAL BREAST HEALTHCARE RESOURCES NATIONWIDE, WITH IMMEDIATE RESPONSE TIME.

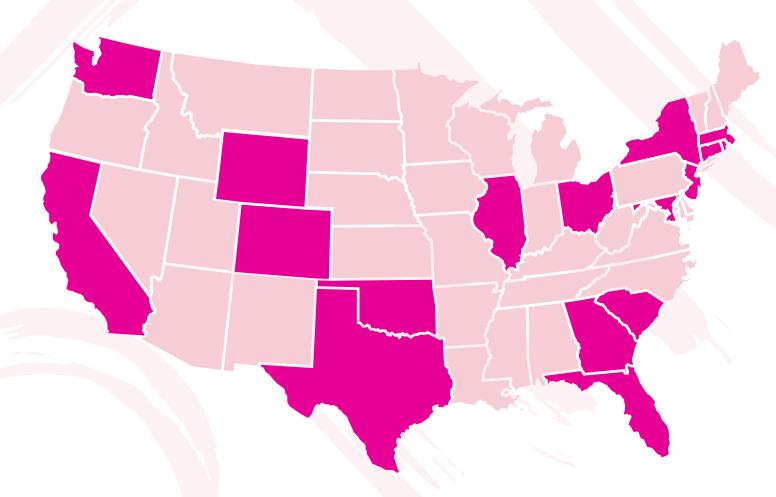
### **FUND**

SOLVE THE BREAST SCREENING PROBLEM FOR UNDERSERVED POPULATIONS THROUGH OUR GRANT PROGRAM WITH LOCAL BREAST HEALTHCARE PARTNERS.





### OUR FUNDS AT WORK



### FUNDED GRANTS

WE ENSURE THAT 100% OF OUR GRANTS FUNDS GO TOWARDS

DIRECT SERVICE PROCEDURES. OUR GRANT RESULTS ARE MEASURED QUANTITATIVELY BY OUR GRANTEE

PARTNERS WHO REPORT USE OF FUNDS FOR THE INDIVIDUALS SERVED, PROCEDURES PROVIDED AND CASES

OF BREAST CANCER DETECTED.

### CALIFORNIA

Susan G. Komen OC

Health Quality Partners San Diego
Samaritan House - AVON

### COLORADO

SUSAN G. KOMEN COLORADO

### CONNECTICUT

SUSAN G. KOMEN NEW ENGLAND

### FLORIDA

LIBBY'S LEGACY
H. LEE MOFFITT CANCER CENTER & RESEARCH

#### **GEORGIA**

SUSAN G. KOMEN ATLANTA GEORGIA

### ILLINOIS

CHICAGO - A SILVER LINING

#### *MASSACHUSETTS*

YWCA MALDEN - AVON

### NORTH CAROLINA

RURAL HEALTH CLINIC GROUP- AVON

### NEW JERSEY

St. Michaels - AVON

### NEW YORK

CANCER SERVICES ERIE COUNTY BREAST TREATMENT TASK FORCE
PROJECT RENEWAL

#### OHIO

University Hospital Ohio

#### OKLAHOMA

OU Breast Institute

### SOUTH CAROLINA

MUSC HOLLINGS

### TEXAS

PARKLAND HOSPITAL - NBCF
HOPE CLINIC ASIAN AMERICAN HEALTH COUNCIL - AVON

### WASHINGTON

Fred Hutchinson Cancer Research Center
- NBCF

### WASHINGTON DC

GEORGETOWN LOMBARDI

#### WYOMING

YELLOWSTONE CITY - COUNTY OF HEALTH DEPT MONTANA

Our Funded Grants At Work

18 States 160 Counties

### OURIMPACT



**4** 23,647

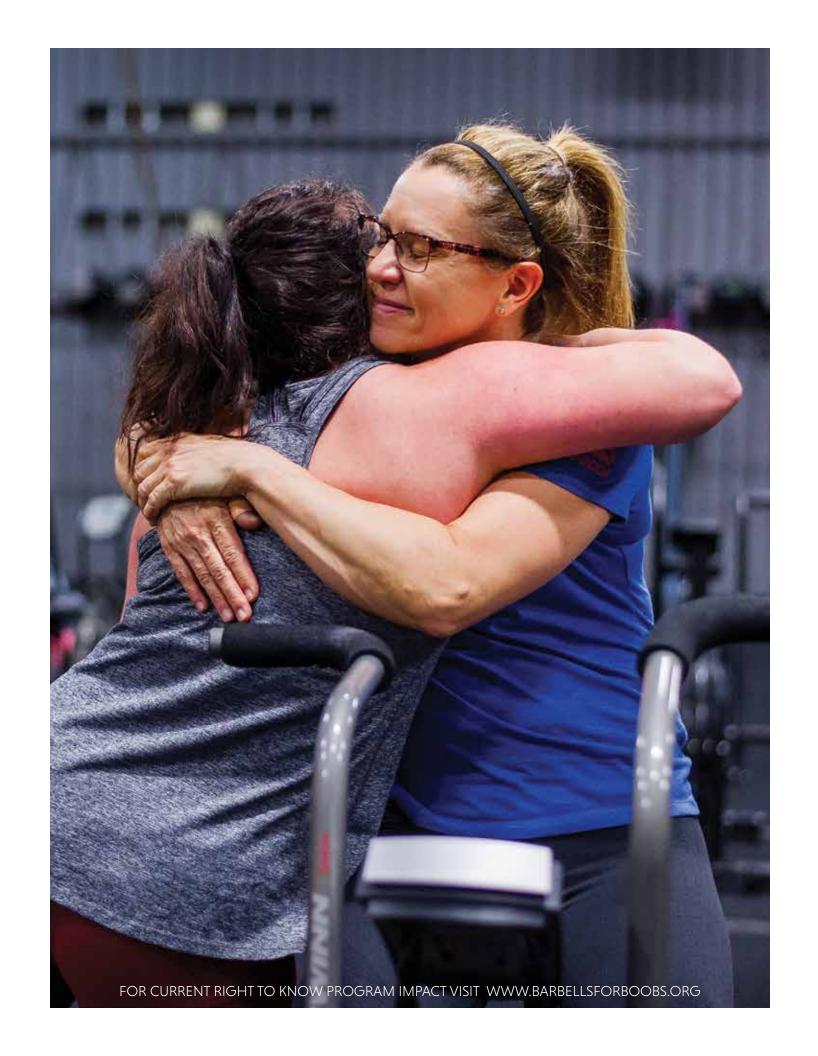


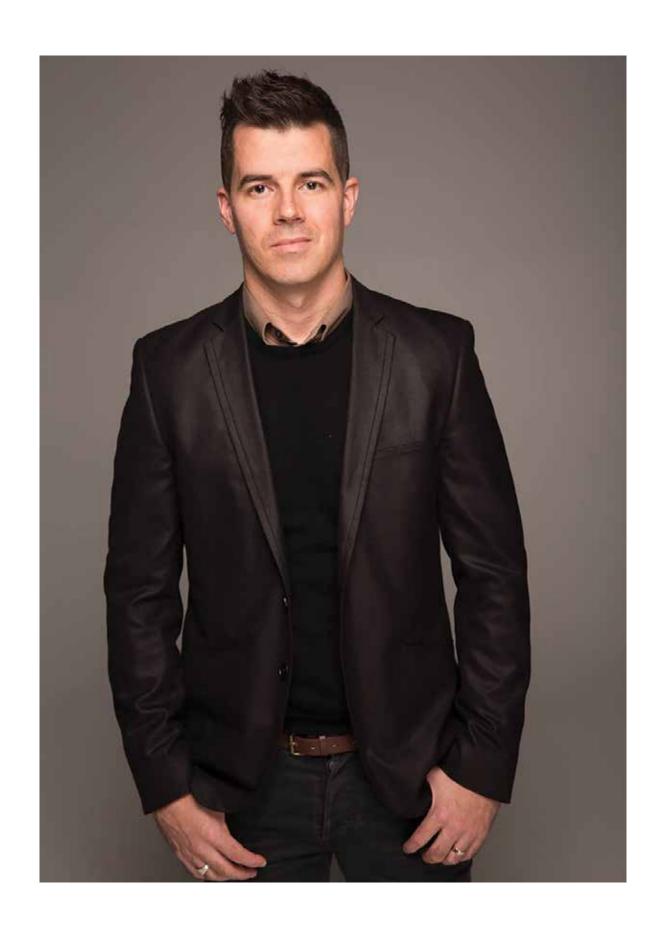
45,225



351

IRECT SERVICE PROCEDURES INCLUDE BUT ARE NOT LIMITED TO THE FOLLOWING: CLINICAL BREAST EXAMS, MAMMOGRAPHY, MRI, ULTRASOUND, BIOPSIES

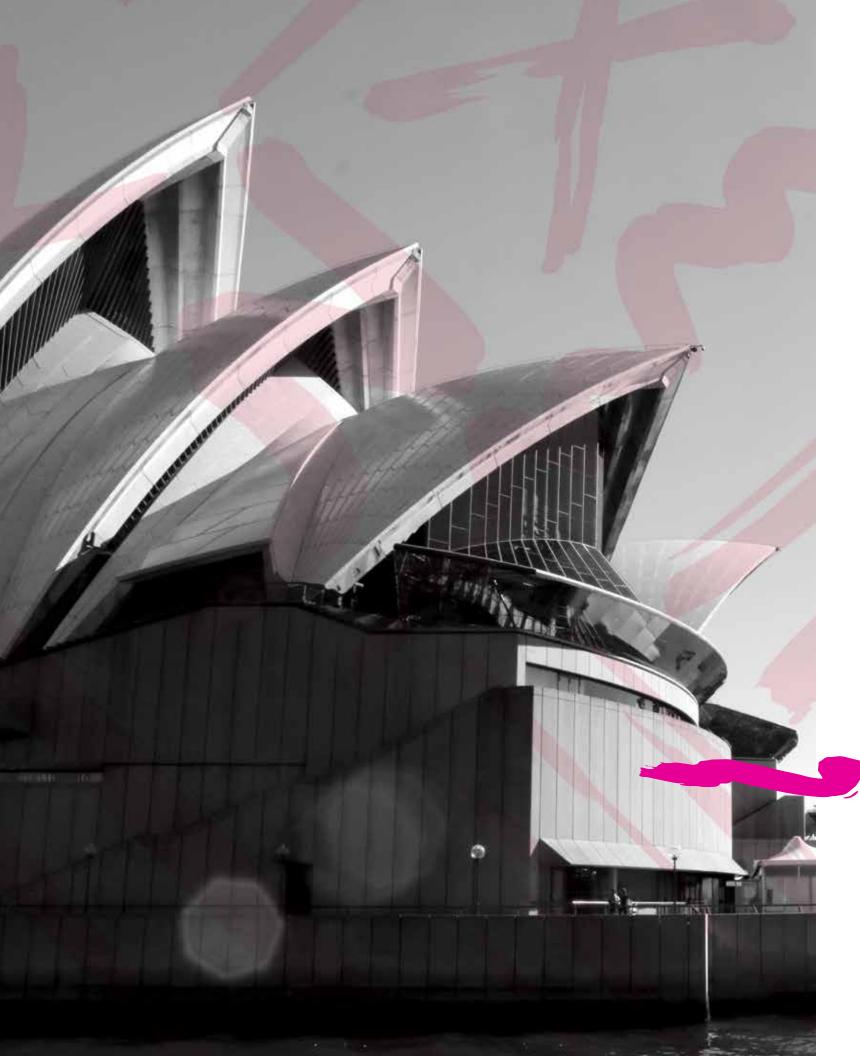






"The hallmark of a great charitable organization is the ability to identify a need and then take steps to fulfill it. Barbells for Boobs has done this with generous funding that has allowed NBCF to expand its programs to include coverage for breast biopsies. This expense can be extremely prohibitive for uninsured or underinsured women and often prevents them from receiving a timely diagnosis. We are grateful to partner with Barbells for Boobs to ensure that women everywhere have access to the healthcare they need and deserve."

- Douglas Feil VP of Programs National Breast Cancer Foundation





### RIGHT (TO KNO W

N 2016 WE EXPANDED OUR RIGHT TO KNOW REACH GLOBALLY AND PARTNERED WITH PINK HOPE IN AUSTRALIA. THE RIGHT TO KNOW PROGRAM IN AUSTRALIA PROVIDES RESOURCES AND ACCESS TO EARLY DETECTION OF BREAST CANCER BY BEING PROACTIVE IN AN INDIVIDUAL'S HEREDITARY HEALTH.

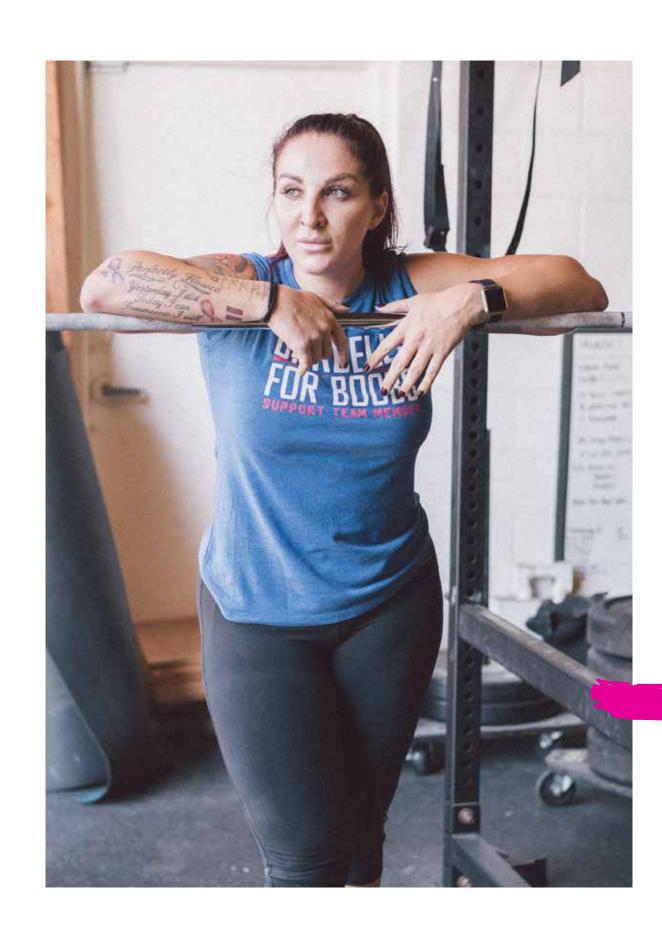
2017
INDIVIDUALS SERVED:
26
GENETIC TESTING KITS:
26
8 NEGATIVE RESULTS

\*GENETIC TESTING IS A LENGTHY AND COMPLEX PROCESS RESULTS CAN TAKE UP TO 2-4 WEEKS



"I come from a family with a significant history of breast and ovarian cancer. I am pleased to say that my testing came back showing no issues in any of the 30 genes tested. It gives me, my husband and three grown children relief to know that I do not carry any of these mutations. Thank you and your organization for giving me the opportunity to access this testing at an affordable cost."

- Deborah



"Sharing information is how we have evolved as human beings.
When we stop sharing our experiences we stop learning and we can't help other people."

-Mylee Cardenas (survivor)

# SAVE





FITNESS SHOULD BE A PART OF SURVIVORSHIP.

VER THE PAST 7 YEARS BARBELLS FOR BOOBS HAS BECOME A TRUSTED RESOURCE IN THE FITNESS AND BREAST CANCER COMMUNITIES FOR BREAST HEALTH. WITH AN INCREASE IN POST DIAGNOSIS SUPPORT REQUESTS, OUR PROGRAMS HAVE GROWN.

IN 2017 WE LAUNCHED RESOURCES AFTER DIAGNOSIS (RAD) WITH THE GOAL OF PROVIDING QUALITY FITNESS PROGRAMS FOR BREAST CANCER SURVIVORS.

OUR IMPACT: WE HAVE SERVED 91 BREAST CANCER SURVIVORS TO DATE.

### RAD COLLECTIVE

THE RAD COLLECTIVE PROVIDES A SAFE PLACE AND RESOURCES FOR THOSE LOOKING TO PURSUE FITNESS TO IMPROVE QUALITY OF LIFE AFTER DIAGNOSIS.

IN NOVEMBER 2017 WE INVITED SURVIVORS, MEDICAL PROFESSIONALS AND FITNESS EXPERTS
TO BETA TEST THE FOUNDATION OF THE RAD PROGRAM THROUGH A COLLECTIVE.
WE CREATED AN ENVIRONMENT FOR BREAST CANCER SURVIVORS TO LEARN, GROW
AND THRIVE IN SURVIVORSHIP THROUGH FITNESS AND SUPPORT.

WE ARE COMMITTED TO BUILDING A BRIDGE BETWEEN THE MEDICAL AND FITNESS COMMUNITIES.

NEED TO GET RAD? LEARN MORE AT WWW.BARBELLSFORBOOBS.ORG

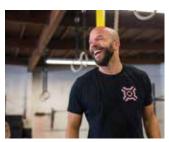
THE RAD PROGRAM IS SUPPORTED BY: THE CROSSFIT FOUNDATION AND ELEIKO SPORT







### SURVIVORS IN THE Cross Fit DPEN



#### EAMON SYLVESTER:

"AS A CO-SURVIVOR, WHEN I MEET PEOPLE WHO HAVE GONE THROUGH THE SAME EXPERIENCE, THERE IS A PART OF ME THAT IS ALIVE WITH THEM. BECAUSE I KNOW WHAT IT'S LIKE TO BE A FAMILY MEMBER THAT IS AFFECTED BY BREAST CANCER."

• MOTHER WAS DIAGNOSED WITH BREAST CANCER IN HER LATE 30'S

LEORA HAFRI

"ALL OF THE DOCTORS THAT I SAW TOLD ME IT'S PROBABLY NOTHING BECAUSE YOU ARE SO YOUNG. BUT IT TURNED OUT THAT IT WAS SOMETHING,

IT WAS BREAST CANCER."

• DIAGNOSED AT THE AGE OF 30





#### STEVE ESMERIO:

"IT CAME DOWN TO A HARSH DECISION AS A FAMILY, TO LET HER LIVE OUT WHATEVER DAYS SHE HAD LEFT. IT WASN'T MUCH LONGER AFTER WE MADE THAT DECISION, 13 HOURS, THAT WE LOST MY SISTER."

• SISTER DIAGNOSED AT THE AGE OF 40

**RONDA HENRY:** 

"When I was 39, I had a second mammogram and that's when it

WAS DISCOVERED THAT I HAD BREAST CANCER."

• DIAGNOSED AT THE AGE OF 39

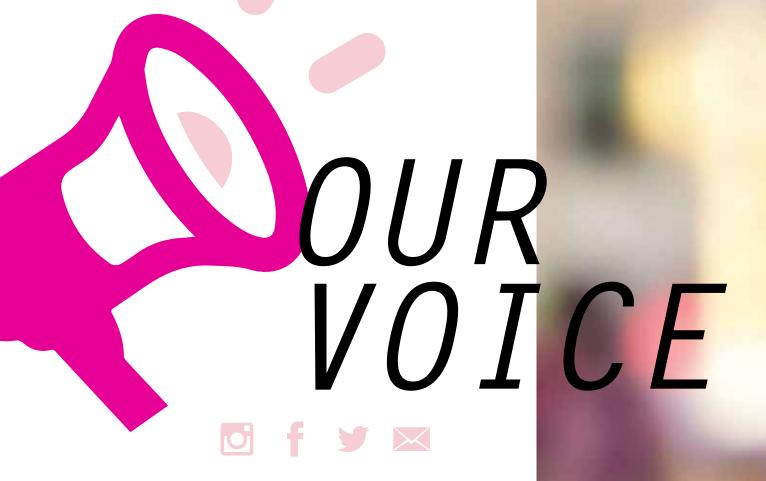




#### MEGAN ADAMS:

"I DON'T FEEL ALONE AND I DON'T FEEL AFRAID TO SAY, 'I'VE BEEN THERE TOO.' BECAUSE HEARING STORIES FROM OTHER WOMEN HAS BROUGHT ME SO MUCH COMFORT AND VALIDATION."

• DIAGNOSED AT THE AGE OF 26



This is the grassroots approach to our growth. The first event was held IN A PARKING LOT WITH A SMALL GROUP OF PEOPLE AND SPREAD BY WORD OF MOUTH. WE NOW HAVE A VIBRANT FOLLOWING AND COMMUNITY THROUGH OUR VIRTUAL PRESENCE AND FACE-TO-FACE CONNECTIONS. IF WE ARE EVER IN YOUR AREA, WE MAY JUST PAY YOU A VISIT AND GIVE HUGS!

> #BARBELLSFORBOOBS #BFB #RIGHTTOKNOW #RESOURCESAFTERDIAGNOSIS #SUPPORTTHECIRCLE

INSTAGRAM **BOX DROPS** 40K FOLLOWERS 195 VISITS MADE TO

**CROSSFIT AFFILIATES** 

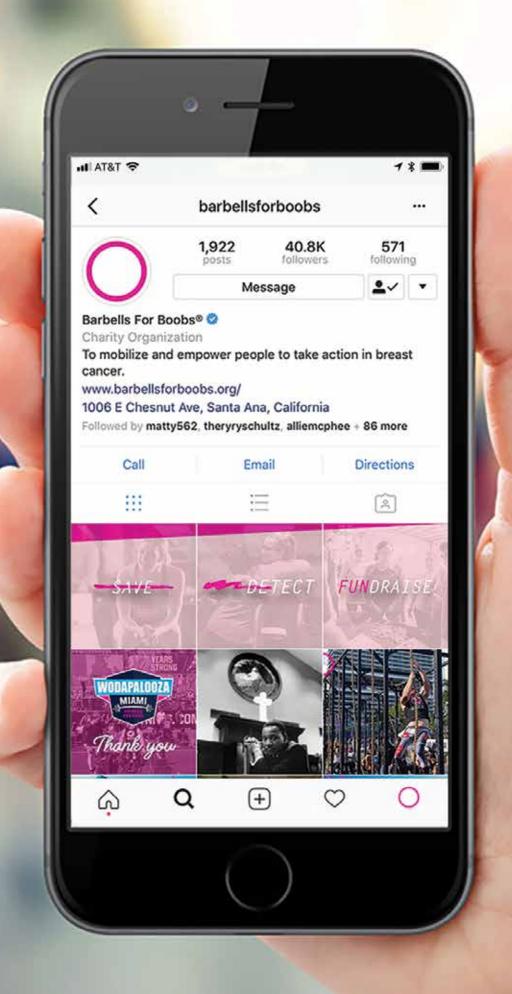
FACEBOOK

84K LIKES **ADVOCATES** 82K FOLLOWERS 16 ATHLETIC **INFLUENCERS** 

397 Reviews

**EMAIL** STREET TEAM 70K DIRECT NATIONWIDE VOLUNTEERS **CONNECTIONS TO** WHO MOBILIZE OUR MISSION IN

THEIR COMMUNITIES. **OUR SUPPORTERS** 



### THE HIGHLIGHTS

A GLIMPSE OF 2017 COMMUNITY EVENTS AND PROGRAM OUTREACH.

### JANUARY

IHEART RADIO

104.3myFM Val's Pals Charity of the Year

Charity Think Tank at Wodapalooza Miami
"Collaborative that brings leaders of social innovation in the CrossFit space together in one room"

-Zionna Hanson

### FEBRUARY

**OPEN TOUR** 

THANKED THE TOP 10 FUNDRAISING TEAMS FROM 2016 WITH A VISIT DURING THE CROSSFIT GAMES OPEN.

Survivors in the Open

Shared the stories of survivors and co-survivors during the CrossFit Games Open.

89TH ACADEMY AWARDS
SELECTED CHARITY FOR THE OSCAR'S PRE-PARTY.

### MARCH

MY BIG FAT FABULOUS LIFE

AMERICAN TELEVISION PERSONALITY WHITNEY THORE ATTENDS HER VERY FIRST BFB FUNDRAISING EVENT IN

NORTH CAROLINA FEATURED ON TLC SHOW

### APRIL

NBA PHOENIX SUNS

FEATURED CHARITY FOR HEALTH AWARENESS DAY

7% CAMPAIGN

HONORED THE STORIES OF THE 7% SURVIVORS FOR OUR 7 YEAR ANNIVERSARY.



### MAY

CrossFit Pacific Regional Australia

Traveled to Australia to introduce our genetic testing collaboration with Pink Hope.

**CROSSFIT REGIONALS** 

Any fundraiser that qualified for CrossFit Regionals wore our exclusive shirt for competition.

### JUNE

SUPPORT TEAM REWARDS PROGRAM

Our official Support Team Rewards Launched and Shipping began.

### JULY

41st Nevada Police & Fire Games

Supported a non-profit org that promotes police and fire professionals to come together from around the world to compete in various sports.

### *AUGUST*

THE CROSSFIT GAMES

ACTIVATED WITH OUR GLOBAL COMMUNITY AT THE WORLD'S LARGEST CROSSFIT COMPETITION OF THE YEAR IN MADISON, WI.

OGAR: WILL OF STEEL MOVIE

ADVOCATE, KEVIN OGAR'S DOCUMENTARY PREMIERED AT THE CROSSFIT GAMES ALONGSIDE A SPECIAL CALIFORNIA VIEWING.

### SEPTEMBER

WE BUILT A NEW HOME!

RELOCATED OUR HEADQUARTERS AND OFFICIALLY LAUNCHED OUR USAW WEIGHTLIFTING TEAM.





### OCTOBER

OPEN ROAD TOUR

Drove 8,674 miles across the country to meet face-to-face with 30 charitable gyms in 30 days.

HARRY CONNICK JR

FOUNDER & CEO, ZIONNA HANSON, WAS SELECTED TO GUEST AS A #LEADINGLADY AND HERO IN THE BREAST CANCER SPACE.

### NOVEMBER

RAD COLLECTIVE

INVITED BREAST CANCER SURVIVORS, MEDICAL PROFESSIONALS AND FITNESS EXPERTS TO CREATE AN ENVIRONMENT TO LEARN,

GROW AND THRIVE IN SURVIVORSHIP THROUGH FITNESS AND SUPPORT.

### DECEMBER

AMERICAN OPEN FINALS

INTRODUCED OUR MISSION AND PROGRAMS IN THE WEIGHTLIFTING COMMUNITY.

NHL COLUMBUS BLUEJACKETS

BFB was chosen as the featured charity for Hockey Fights Cancer Night.

# FINANCI ALS

\$1.89M

\$1.4M

FUNDRAISING

Description of the second of th

\$81,000

83% PROGRAMS 13% FUNDRAISING 4% MANAGEMENT



WE ARE PROUD TO BE RATED GUIDESTAR GOLD AND ARE CURRENTLY WORKING TO BE GUIDESTAR PLATINUM.



WE HAVE RECENTLY BECOME ELIGIBLE TO BE RATED BY CHARITY NAVIGATOR. PLEASE HELP US BY CREATING AN ACCOUNT AT CHARITYNAVIGATOR.ORG AND VOTE FOR US TO GET RATED!

\* BASED ON 2017 CALENDAR YEAR ESTIMAT

# BOARD OF DIRECTORS



CHAIRMAN OF THE BOARD | CO-SURVIVOR



6 YEARS



DIRECTOR | SECRETARY









DIRECTOR 2 YEARS



1 YEAR



TODD LIUBINSKAS DIRECTOR | AUSTRALIA

AMANDA ALLEN DIRECTOR | AUSTRALIA



TRACY MULLER CHAIRWOMAN OF THE BOARD AUSTRALIA

ZIONNA HANSON Director | Australia

LYNNE FITZHARRIS DIRECTOR | AUSTRALIA

### COMPANIES WITH HEART

A BIG THANKS TO THE COMPANIES WHO HAVE HELPED MAKE OUR WORK POSSIBLE AND OUR MISSION ATTAINABLE

#### **PARTNERS**

### Reebok A QALD ELEIKO LURONG RXS The Natural Grip

#### **SUPPORTERS**

AETNA FOUNDATION INC. Alliance Bernstein LP

Allstate Foundation

AMERICAN CENTURY INVESTMENTS FOUNDATION

AMERICAN FAMILY INSURANCE

AMERICAN VANGUARD CORP

AMERIPRISE FINANCIAL INC. AMUNDI PIONEER

AON FOUNDATION

APPLE INC. APPLIED INFORMATION SCIENCES

Aramark

ARCEL ORMITTAL

ARTHUR GALLAGHER FOUNDATION

ASTRAZENECA PHARMACEUTICALS LP

AXA FOUNDATION **BAE SYSTEMS** 

Bank of America Matching Gift Program **BD WORLDWIDE** 

BERKADIA COMMERCIAL MTG LLC

**BIG CITY COFFEE** 

ROFING

BOSTON SCIENTIFIC

BRISTOI - MYERS SQUIBB

BRUNCH X BURN

**BOX BASICS** 

CALIFORNIA COMMUNITY FOUNDATION CARDINAL HEALTH FOUNDATION INC.

CIGNA FOUNDATION

CITRIX

CLEVER DEVICES LTD

COACH INC

COLUMBUS BLUEJACKETS

CONSTANT CONTACT CORNING INC.

CRUM & FOSTER

Darigold

DELL INC.

Deutsche Bank

DISCOVER FINANCIAL SERVICES

DISNEY CITIZENSHIP

DISNEY WORLDWIDE SERVICES INC. DOLBY MATCH PROGRAM

DOMINION ENERGY

DST Systems Inc.

Dun & Bradstreet DYNAMAX INC

EXELON

EXPERIAN INFORMATION SOLUTIONS, INC.

FC Belton Youth Soccer FIDELITY CHARITABLE

FIERROS KITCHEN

GAP INC

GARTNER INC. **GE FOUNDATION** 

GENERAL REINSURANCE CORP GIA MIA PIZZA BAR

GIVE WITH LIBERTY

GOLDMAN, SACHS & CO.

GOOGLE INC.

GRUB BURGER GSK

GUGGENHEIM

HARRY TV **HCA FOUNDATION**  Hennessey's

HEWLETT PACKARD ENTERPRISE

HONDA OF AMERICA

HOSPITAL CORP OF AMERICA

HP Inc

HSBC

HULU, LLC

**IHEART OC** 

INCYTE CORPORATION

ITOCHU INTERNATIONAL INC ITW FOUNDATION

JOHN WILEY & SONS INC.

Јониѕои & Јониѕои

JP MORGAN CHASE Junk Brands

KAWASAKI MOTORS CORP

KENT & COMPANY PRIVATE JEWELERS

KINGDON CAPITAL MGMT

La Parolaccia

LEXIS NEXIS

LIBERTY MUTUAL FOUNDATION MATCH

LIVE UNITED LLR INC

LORD, ABBETT & CO. LLC

LULULEMON

MassMutual

McKesson Foundation

Medtronic

Merck Foundation Microsoft

Neustar

MUTUAL OF AMERICA

**NEW JERSEY DEVILS** 

NIKE, INC.

Nordstroms

**NOVARTIS** 

**NUVEEN INVESTMENTS HOLDINGS** 

ONEOC ORANGE COUNTY'S UNITED WAY

PACIFIC LIFE FOUNDATION

PAYPAL, INC.

PepsiCo PFIZER FOUNDATION

PG&E

PHILLIPS 66

PHOENIX MULTISPORT

PISONI & LUCIA VINEYARDS

PNC

PRECOR INC.

PREMIER HEALTHCARE SOLUTIONS INC.

**PROLOGIS FOUNDATION** PRUDENTIAL FINANCIAL INC.

PWC US AND MEXICO

QUEST DIAGNOSTICS

REGENERON PHARMACEUTICALS, INC.

Rehband

**RELX GROUP** RICHARD GROUP

ROCHE DIAGNOSTICS **ROMWOD** 

SALESFORCE.ORG SHELL OIL COMPANY SILICON VALLEY BANK

SIMPLIFY COMPLIANCE

SOROS FUND CHARITABLE FOUNDATION

STARBUCKS COFFEE COMPANY

STATE FARM COMPANIES

STATE STREET EMPLOYEE GIVING

SUBARU

SYNCHRONY FINANCE

T-MOBILE USA INC.

T.Rowe Price TAKEDA PHARMACEUTICALS

TERADATA

THE BAGEL NOOK

THE COLUMBUS FOUNDATION

THE COMMUNITY FOUNDATION OF WESTERN NORTH

CAROLINA, INC. I.E. BARNSTOCK CHARITIES FUND

The Helm

THE MOODY'S FOUNDATION

THE PROGRESSIVE INSURANCE FOUNDATION

THE WALT DISNEY COMPANY FOUNDATION THE WILLIAMS CO

THOMSON REUTERS

TRUIST UBS

US Bank

VERISK ANALYTICS

VERIZON

Wells Fargo Community Support WILSONART

THE WINE EXCHANGE

Wodapalooza Workday, Inc.

Wyndham Worldwide

XL GLOBAL SERVIVES INC

YAHOO INC

YELP INC. Zurich





AS I LOOK BACK AT 2017, I AM OVERWHELMED WITH GRATITUDE. 8 YEARS AGO, I LEARNED THAT BREAST CANCER CAN OCCUR IN ANYONE, AT ANY AGE, AND AT ANYTIME. OUR WORK FILLS GAPS IN OUR HEALTHCARE SYSTEM TO PROVIDE QUALITY EARLY DETECTION SERVICES AND RESOURCES AFTER DIAGNOSIS.

It took a lot of hard work from a lot of individuals to get where we are today. Fundraisers, donors, Board of Directors, partners, volunteers, staff - each of you have played a significant role in our success.

BARBELLS FOR BOOBS HAS CHANGED MY LIFE FOREVER. EACH YEAR BRINGS NEW RELATIONSHIPS WITH REAL PEOPLE WITH REAL STRUGGLES AND INSPIRING TRIUMPHS. I'VE CONSIDERED THESE RELATIONSHIPS BLESSINGS. THEY'VE TAUGHT ME SO MUCH ABOUT LIFE AND THE IMPACT WE CAN HAVE ON ONE ANOTHER. EVERY YEAR IS A GIFT, BRINGING MORE OPPORTUNITIES FOR US TO MOBILIZE AND EMPOWER PEOPLE TO TAKE ACTION IN BREAST CANCER.

Together, we have impacted over 1,000,000 lives, and I know we are just getting started. Thank you for your support and love in building the movement of Barbells for Boobs.

MUCH LOVE AND RESPECT,

Zionna Hanson CEO & Founder



### BARBELLS FOR B CO B S°

1006 E. CHESTNUT AVE | SANTA ANA CA 92701 BARBELLSFORBOOBS.ORG